

## **Why Can't I Find Love?**

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Does this sound familiar to any of you, “Why can’t I find love” or maybe you even know of someone that has asked this question before. As humans we are always to some extent seeking or in search of love. That love might be from a friend, a family member or our significant other. Human beings are unique creatures whom at the end of the day ultimately want to love and give love. So why is it so damn hard to find love? Perhaps the question we really need to be asking is “Have you found love in yourself first”? And that’s where the journey to love all starts. Why? If you do not love yourself how can you give love to someone else or even receive it from someone else? You cannot give what you don’t have and cannot receive if you’re not open to it.

So I want you to really ask yourself the question right now “Do you love yourself”? Next I want you to ask yourself this question “Are you truly happy”? It is within these two areas your success lies to love cause your greatest love is ultimately you. You must be able to enjoy your own company and be comfortable being alone before you can be with someone else. When you create the space to live your life according to how you want and start living it in spirit than you will fly high with endless opportunities. With these opportunities you will start to attract the right people into your life at exactly the right time. However, you must have a plan in place and know what is you want. You must know what it is you are looking for in a partner and what you are not looking for in a partner. Because just as Confucius said “Success depends upon previous preparation, and without such preparation there is sure to be failure.”

In taking these steps we begin to realize our full potential and create the opportunity to attract the right person into our life. And in doing this we also have the courage to walk away from those who do not see our value and worth. But we must make the conscious effort to make the choice to strive for what we want in a relationship and not settle for anything less. For when we settle for less, we are

slowly killing our souls. Its ultimately your choice to have an amazing life or just an average life.

As we look for love we are ultimately trying to connect back to the source where it came from. It is this source that are soul knows of this unconditional love. It is why we have relationships and yearn for connection with others. However, we must recognize that the source is already within us and that within us is all the love you will ever need and want. Only when we understand this can we journey with another to the same possibilities of endless love and adventure. To conclude I will leave you with this exert from Paulo Coelho book Adultery “Love isn’t just a feeling; It’s an art. And like any art, it takes not only inspiration, but also a lot of work.”

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