



## Chapter V

### Is This Big Enough? Revisited by a Luminous Being

**T**he old proverb "*Life is a process not a destination,*" still inspires and guides me through unimaginable experiences. Although life is never easy, somehow I am always able to meet challenges with hope and perseverance. As a young, divorced mom, I raised two daughters. With many tears and plenty of laughter, we managed to survive "the growing pains." Little did I realize all the divine lessons yet to unfold.

Spring 1995 became extra stressful. My personal life changed dramatically. I struggled with physical pain and a disability caused by a fall, and I returned to school to obtain additional skills needed to enhance my career. At that time, my elderly parents still required increasing amounts of my time to assist with one crisis after another. My parents' expectations became an emotional drain, and I suffered from extreme exhaustion.

Following a series of sleepless nights, I felt overwhelmed and filled with feelings of helplessness and recurring, painful childhood issues still unresolved. Through it all, I functioned on practically non-existent energy.

A few days after Easter, I flipped through television channels hoping to find a boring show to help me fall asleep. A program featuring people who had personal experiences with angels caught my attention. One man said he witnessed many angels of different sizes floating around the altar while attending Mass. He said he saw the largest angel leaning over the priest and whispering. In his excitement, he indicated his vision to his wife, but she could not see the angelic beings.

After the Mass, still puzzled, the man approached the priest and told him what he had seen. The priest responded: *"That is remarkable; I was confused about the order of service, and a voice guided me through it."* Another guest explained that we know who our guiding angels will be prior to making the decision to incarnate onto the earth plane. The amount of energy given to us depends on our free will and personal desire for spiritual growth. This information confirmed my own spiritual beliefs and made sense to me. My instincts resonated with all of it.

I slept little that night, and by late afternoon the next day, I felt exhausted. I remembered the TV show as I drove home from the evening class. I thought, *"Here I am, going home to another sleepless night; my angel can't be too big, my work just doesn't seem important."* I could feel my self-esteem diminishing.

I arrived home around 9:30 PM. I pulled into my driveway in total darkness and parked close to the house. I carefully walked to the door and I felt grateful for the warm evening. I looked up, as I often do, and noticed the cloudless and enchanting star-studded dark blue sky while rummaging for keys in my purse. Suddenly, I heard a clear and sharp voice. The non-threatening voice emerged from everywhere, originating somewhere within the depth of my soul. The voice commanded, *"TURN AROUND."* I stopped and looked around; my focus zoomed toward my oversized garage standing on the acre and a half land. A luminous being hovered from the back side of the structure with one huge open wing stretching all the way to the street; the other wing spread upward toward the north. The striking and glowing presence measured at least *three times* the size of the 24' x 40' garage building.

Astonished and mesmerized beyond words, with chills going up and down my spine, I slowly absorbed the vision of the magnificent entity. My neck unconsciously curved all the way back so my visual range could grasp the majestic, spiritual vision. Without any doubt, I knew I beheld an angel. The angel filled the three-dimensional view with soft, fluffy, white light; a sparkle of gray enhanced the depth of the facial features and feathers of the wings. As she continued to watch me, the angelic being floated in mid-air behind my garage.

While the energy flow radiated all over the land, I stood mesmerized while giggles of happiness took over my body. *"Oh my God, oh my God, oh my God..."* I repeated as I stood with my mouth open, filled with joyous shock. An incredibly loving energy flowed through my spine and penetrated every cell of my body. I wanted to get closer to her but felt grounded to the Earth. Suddenly, I heard the same clear voice again: *"IS THIS BIG ENOUGH FOR YOU?"* A profound rush of calming understanding came over me. I realized something way bigger than me – a magnificent messenger advised me to lighten up.

Flashbacks of the supportive nightly visitor I received as a child confirmed the validity of the present experience. The experience felt very familiar and my body became wrapped in a peaceful, warm and pure energy; I felt total acceptance, imperfections and all. Joy filled my heart and humility filled my soul. I felt lighter, as if all burdens had been lifted from my shoulders. Someone special shared my pain. One of God's helpers inspired me to realize I never have to face anything alone. How could I have forgotten?

She hovered above the garage, completely surrounded by the loving Light. She telepathically communicated: *"I am the one who visited you as a child in Italy. I am your personal angel."* My mouth remained open in awe as she continued: *"There is nothing to fear, dear one, you are protected. Allow yourself to simply be utilized as an instrument. The energy comes through you, not from you, dear. You chose to do this work before your birth and all you need to do is trust, allow, and we will do the rest."*

Still uttering, *"Oh my God, oh my God..."*, I finally found my keys and entered my home. In the middle of my kitchen, motionless and quivering with joy, I thought, *"Wait a minute, did I really see what I saw?"* I quickly darted outside to make sure. Yes, the angel remained, overpowering the area over my property. How could I possibly have doubted? With the message delivered, the messenger began to leave. The image began to look like an unfocused photograph, with no question about the reality of its existence. The vision slowly faded away. That was a pretty amazing gift!

The next day, in meditation, I asked more questions and I received: *"My name is Naomi. I am the one who visited you as a child in Italy. We have been together since before earth time; I am your personal Angel."* She continued to state that this stage of my journey signaled the beginning of my spiritual work with Spirit. The calling was part of the contract I wrote before incarnating on the Earth. This mission is one of the many experiences I chose for my current earthly existence.

My childhood visitor, my Beautiful Lady/Naomi (I was glad to finally know her name) clearly made me aware that trust was all I needed, followed by simply allowing Spirit to do the rest. Her bond felt familiar, loving and supportive, as it did in my early childhood many years earlier. Her powerful, yet gentle message, felt loud and clear. This life changing experience is a pivotal bonus and a wonderful reminder of the reasons I am here.

These simple words were all what my Italian stubbornness needed to hear. Foolish excuses such as *"I am too shy"* or *"My accent will not be understood,"* no longer worked. I graciously accepted my gift and I committed to my spiritual work.

When I decided to get out of my own way, everything fell into place as I honored my thin veil of consciousness.

Additionally, I allowed the energy of the law of attraction – the ability to attract into my life whatever I focus on – to become part of my reality. I graciously began the process of manifesting. I believe with all my heart that we all create what we believe. The mind is more powerful than we realize.

That evening, I enjoyed a restful and peaceful night's sleep, the first in weeks. Those colossal wings became my security blanket. Could I possibly have asked for more? I felt complete and at one with my Creator's unconditional love.

Since that memorable event, I have contemplated this special private vision as a gift. The anniversary of Jesus' Resurrection served as a reminder for me that although earthly problems seem insurmountable at times, visible or not, my angels are always ready to take away fear and give me strength to endure every challenge I may attract in life. Their loving strength is unmistakable.

Angel Naomi also told me that one of my missions is to share my story with others. As people hear or read this story with an open mind, they will receive many benefits. In identifying with this experience, people will open to its higher vibrational healing energy, connect to its message of love, and receive personal and life changing blessings. *Allowing* is the key.

I believe that angels protect each and every one of us, but only if we choose to allow them to be part of our lives. The angels are always accessible by simply asking, allowing and trusting. They are always available to be as big as we want them to be. My angel's unconditional loving smile is constantly reminding me to keep it light. In the big picture, life on Earth is as short as the blink of an eye. Enjoy, laugh and love more. Be in the moment, the eternal NOW...

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Tina is a spiritual intuitive medium/channel healer and the director of the S.O.U.L. Center in Granby, CT. Tina was born in Italy and has been in communication with angels and guides since she was a child. She teaches classes in metaphysics and inner growth. Her angels' unconditional love and supportive energy have guided and helped her through many incredible challenges. The messages received have emphasized the importance of retaining a sense of humor as we are reminded that what we wish to create is already ours by simply claiming it and trusting our intuition. It is God's gift to each and every one of us. Tapping into the inner wisdom is achieved by intend and creating altars as sacred spaces for rituals such as meditation and journal writing.

These techniques are proven to be instrumental in proper breathing for stress reduction, mental clarity and attaining a peaceful attitude. The commitment to loving and nurturing ourselves from within brings us to a balanced, vibrant, healthy feeling and spiritual attunement. Tina is available for private individualized sessions in a loving, calming and compassionate atmosphere. She is also available for group sessions and speaking engagements. Since 2003 Tina has been facilitating a monthly supportive and life changing meditation/channel group at her center.